



# Summer Springboard Diving Lessons

Springboard diving is a great way to combine a love for water with tumbling skills. There are classes available for students who need to learn to dive in headfirst, and for those students anxious to flip and spin off the boards! Classes are held at the Carroll Aquatics Center at 1501 W Southlake Blvd, Southlake, TX

**Here is a list of upcoming diving sessions. Please mark your choice of sessions and class time. Divers may register for more than one session.**

## MORNINGS

**Morning Sessions are held Monday through Thursday.**

\_\_\_ Session 1: June 13- June 23 (2 weeks)

\_\_\_ Session 2: June 27- June 30 (1 week)

\_\_\_ Session 3: July 11- July 21 (2 weeks)

\_\_\_ Session 4: July 25-July 28 (1 week)

Available Class Times:

\_\_\_ 11:30-12:15

\_\_\_ 12:15-1:00

\_\_\_ 1:00-1:45

**Morning Sessions 1 & 3 are 2 weeks for \$80**

**Morning Session 2 & 4 are 1 week for \$40**



## EVENINGS

**Evening Sessions are offered Mon/Wed or Tue/Thurs- 2x a week for \$60 or Mondays only for \$30**

\_\_\_ **Session 1A Monday/Wednesday June 7-June 29**

Class time: \_\_\_ 5:30-6:15 or \_\_\_ 7:35-8:20

\_\_\_ **Session 1B Tuesday/Thursday June 14-June 30**

Class time: \_\_\_ 7:35-8:20

\_\_\_ **Session 1C Mondays only June 7-June 29**

Class time: \_\_\_ 6:15-7:00

\_\_\_ **Session 2A Monday/Wednesday July 11- July 27**

Class time: \_\_\_ 5:30-6:15 or \_\_\_ 7:35-8:20

\_\_\_ **Session 2B Tuesday/Thursday July 12- July 28**

Class time: \_\_\_ 7:35-8:20

### Student information:

Have you ever had diving before? \_\_\_ Yes \_\_\_ No

Have you had any gymnastics? \_\_\_ Yes \_\_\_ No If yes, how many years/level? \_\_\_

What best describes your skill level?

\_\_\_ Beginner (Comfortable in deep water but cant dive in head first)

\_\_\_ Advanced Beginner (Can dive in head first but has never had training)

\_\_\_ Intermediate (Has had lessons and has passed beginner skills)

\_\_\_ Advanced (Has had lessons with GC Divers and working towards team)

Name \_\_\_\_\_ Age \_\_\_\_\_ Birthday \_\_\_\_\_ (M/D/Year)

Email \_\_\_\_\_ Phone \_\_\_\_\_

Parent's Name \_\_\_\_\_ Address \_\_\_\_\_

Check# \_\_\_\_\_ (include AAU registration \$15)

If this is your first time signing up for lessons in 2011 please add a one time AAU registration fee of \$15 to your tuition. Send registration to 1101 Crockett Ct, Southlake, TX 76092 or drop it off at the Carroll Aquatics Center. Make checks payable to GC DIVERS. For further information contact: GC Divers at [gcdivers@msn.com](mailto:gcdivers@msn.com)

