

Summer Springboard Diving Lessons

Springboard diving is a great way to combine a love for water with tumbling skills. There are classes available for students who need to learn to dive in headfirst, and for those students anxious to flip and spin off the boards!

Classes are held at the Carroll Aquatics Center at 1501 W Southlake Blvd, Southlake, TX
Here is a list of upcoming diving sessions. Please mark your choice of sessions and class time. Divers may register for more than one session.



Morning sessions are offered on Monday through Thursday for two weeks for \$70. Session 2 will be a half session for \$35.

_____ Session 1: June 9- June 19
_____ Session 2: June 23- June 26*
_____ Session 3: July 7- July 17
_____ Session 4: July 21- July 31

Available Class Times:
_____ 10:45-11:30
_____ 11:30-12:15
_____ 12:15-1:00

Evening classes held 1x a week on Mondays for \$70

_____ Session 1A Mondays June 9-July 21

Class time: 5:30-6:15

Evening classes held 2x a week on Tuesdays and Thursday for \$70. Please mark your choice of sessions and class time.

_____ Session 2A T/Th June 10-July 3
_____ Session 3A T/Th July 8-July 31

Available Class Times:
__4:00-4:45 __4:45-5:30__6:15-7:00

Student information:

Have you ever had diving before? ___Yes ___No

Have you had any gymnastics? ___Yes ___No If yes, how many years/level? ___

What best describes your skill level?

___ Beginner (Comfortable in deep water but cant dive in head first)

___ Advanced Beginner (Can dive in head first but has never had training)

___ Intermediate (Has had lessons and has passed beginner skills)

___ Advanced (Has had lessons with GC Divers and working towards team)

Name _____ Age _____ Birthday _____ (M/D/Year)

Email _____ Phone _____

Parent's Name _____ Address _____

Check# _____

If this is your first time signing up for lessons in 2008 please add a one time AAU registration fee of \$14 to your tuition. Send registration to 1101 Crockett Ct, Southlake, TX 76092 or drop it off at the Carroll Aquatics Center. Make checks payable to GC DIVERS. For further information contact: GC Divers at gcdivers@msn.com or call 817-424-0878.



Jump in with kids your age and learn some great diving skills. Classes are grouped by age and ability. Classes are filled on a first-received basis. Class size max 7/min 3.

